Good Friday

ORDER OF SERVICE



Friday 10th April 3pm
Instagram Live Stream

abrentwoodcys



Welcome to the Good Friday Service streamed live from our Chapel at Walsingham House at Abbotswick

Before the Liturgy starts, find yourself a quiet, comfortable place where you can concentrate for the duration of this service. We encourage you, especially on this day when we commemorate our Lord's suffering and death, to find a crucifix to have with you as you pray with us; however big or small, even a crucifix that is part of a necklace.

We recommend you follow the order of service to be involved. As you feel comfortable, join in with the hymns and responses, as well as standing, sitting or kneeling at the appropriate moments in the service.

You are welcome to add any prayer intentions in the comments section on the Live-Stream.

Our service begins in silence. Fr Dominic will enter and begin by laying prostrate before the altar, symbolising Christ's total giving of himself for us, His complete surrender to the will of God.

Wherever you are watching the service this afternoon, we invite you to kneel also, just for a moment, as a physical reminder of Jesus completely surrendering himself for our sake.

After Fr Dominic reads the opening prayer, we invite you to be seated for the readings.

First reading, from the book of Isaiah (52:13-53:12)

See, my servant will prosper,
he shall be lifted up, exalted, rise to great heights.
As the crowds were appalled on seeing him —
so disfigured did he look that
he seemed no longer human —
so will the crowds be astonished at him,
and kings stand speechless before him;
for they shall see something never told
and witness something never heard before:
'Who could believe what we have heard,
and to whom has the power of the Lord been revealed?'



Like a sapling he grew up in front of us, like a root in arid ground.

Without beauty, without majesty we saw him, no looks to attract our eyes;
a thing despised and rejected by men,
a man of sorrows and familiar with suffering, a man to make people screen their faces;
he was despised and we took no account of him.

And yet ours were the sufferings he bore, ours the sorrows he carried.

But we, we thought of him as someone punished, struck by God, and brought low.

Yet he was pierced through for our faults, crushed for our sins.

On him lies a punishment that brings us peace, and through his wounds we are healed.

We had all gone astray like sheep, each taking his own way, and the Lord burdened him with the sins of all of us. Harshly dealt with, he bore it humbly, he never opened his mouth, like a lamb that is led to the slaughter-house, like a sheep that is dumb before its shearers never opening its mouth.

By force and by law he was taken; would anyone plead his cause? Yes, he was torn away from the land of the living; for our faults struck down in death. They gave him a grave with the wicked, a tomb with the rich, though he had done no wrong and there had been no perjury in his mouth.

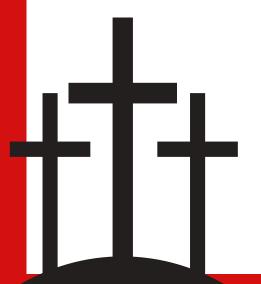
The Lord has been pleased to crush him with suffering. If he offers his life in atonement, he shall see his heirs, he shall have a long life and through him what the Lord wishes will be done.

His soul's anguish over he shall see the light and be content. By his sufferings shall my servant justify many, taking their faults on himself.

Hence I will grant whole hordes for his tribute, he shall divide the spoil with the mighty, for surrendering himself to death and letting himself be taken for a sinner, while he was bearing the faults of many and praying all the time for sinners.

The Word of the Lord.

R/ Thanks be to God



Responsorial Psalm: Psalm 30(31):2,6,12-13,15-17,25

The Response is: Father, into your hands I commend my spirit.

In you, O Lord, I take refuge.

Let me never be put to shame.

In your justice, set me free,

Into your hands I commend my spirit.

It is you who will redeem me, Lord.

In the face of all my foes
I am a reproach,
an object of scorn to my neighbours
and of fear to my friends.

Those who see me in the street run far away from me.

I am like a dead man, forgotten in men's hearts, like a thing thrown away.

But as for me, I trust in you, Lord;
I say: 'You are my God.

My life is in your hands, deliver me
from the hands of those who hate me.

Let your face shine on your servant.

Save me in your love.'

Be strong, let your heart take courage,
all who hope in the Lord.

Second reading, from St Paul's letter to the Hebrews (Hebrews 4:14-16, 5:7-9)

Since in Jesus, the Son of God, we have the supreme high priest who has gone through to the highest heaven, we must never let go of the faith that we have professed. For it is not as if we had a high priest who was incapable of feeling our weaknesses with us; but we have one who has been tempted in every way that we are, though he is without sin. Let us be confident, then, in approaching the throne of grace, that we shall have mercy from him and find grace when we are in need of help.

During his life on earth, he offered up prayer and entreaty, aloud and in silent tears, to the one who had the power to save him out of death, and he submitted so humbly that his prayer was heard. Although he was Son, he learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation.

The Word of the Lord R/ Thanks be to God

Gospel Acclamation

Praise to You, O Christ, King of eternal glory!

Christ was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all names.

Praise to You, O Christ, King of eternal glory!



The Passion of our Lord Jesus Christ according to John

Wherever you are joining our liturgy today, we invite you to join in the commemoration of the Passion by reading aloud the lines in bold.

Narrator: Jesus left with his disciples and crossed the Kedron valley. There was a garden there, and he went into it with his disciples. Judas the traitor knew the place well, since Jesus had often met his disciples there, and he brought the cohort to this place together with a detachment of guards sent by the chief priests and the Pharisees, all with lanterns and torches and weapons. Knowing everything that was going to happen to him, Jesus then came forward and said,

Jesus: Who are you looking for?

Crowd: Jesus the Nazarene.

Jesus: I am he.

Narrator: Now Judas the traitor was standing among them. When Jesus said, 'I am he',

they moved back and fell to the ground. He asked them a second time,

Jesus: Who are you looking for?

Crowd: Jesus the Nazarene.

Jesus: I have told you that I am he. If I am the one you are looking for, let these others

go.

Narrator: This was to fulfil the words he had spoken, 'Not one of those you gave me have

I lost.'

Simon Peter, who carried a sword, drew it and wounded the high priest's servant, cutting off his right ear. The servant's name was Malchus. Jesus said

to Peter,

Jesus: Put your sword back in its scabbard; am I not to drink the cup that the Father

has given me?

Narrator: The cohort and its captain and the Jewish guards seized Jesus and bound him.

They took him first to Annas, because Annas was the father-in-law of Caiaphas, who was high priest that year. It was Caiaphas who had suggested to the Jews,

'It is better for one man to die for the people.'

Simon Peter, with another disciple, followed Jesus. This disciple, who was known to the high priest, went with Jesus into the high priest's palace, but Peter

stayed outside the door.

So the other disciple, the one known to the high priest, went out, spoke to the woman who was keeping the door and brought Peter

in. The maid on duty at the door said to Peter,

Maid: Aren't you another of that man's disciples?

Peter: I am not.

Narrator: Now it was cold, and the servants and guards had

lit a charcoal fire and were standing there warming themselves; so Peter stood there too, warming himself

with the others.

The high priest questioned Jesus about his disciples and

his teaching. Jesus answered,

Jesus: I have spoken openly for all the world to hear; I have always taught in the synagogue and in the Temple where all the Jews meet together: I have said nothing in secret. But why ask me? Ask my hearers what I taught: they know what I said.

Narrator: At these words, one of the guards standing by gave Jesus a slap in the face, saying,

Guard: Is that the way to answer the high priest?

Jesus: If there is something wrong in what I said, point it out; but if there is no offence in it, why do you strike me?

Narrator: Then Annas sent him, still bound, to Caiaphas the high priest.

As Simon Peter stood there warming himself, someone said to him,

Maid: Aren't you another of his disciples?

Narrator: He denied it, saying,

Peter: I am not.

Narrator: One of the high priest's servants, a relation of the man whose ear Peter had cut off. said.

Servant: Didn't I see you in the garden with him?

Narrator: Again Peter denied it; and at once a cock crew.

They then led Jesus from the house of Caiaphas to the Praetorium. It was now morning. They did not go into the Praetorium themselves or they would be defiled and unable to eat the passover.

So Pilate came outside to them and said,

Pilate: What charge do you bring against this man?

Crowd: If he were not a criminal, we should not be handing him over to you.

Pilate: Take him yourselves, and try him by your own Law.

Crowd: We are not allowed to put a man to death.

Narrator: This was to fulfil the words Jesus had spoken indicating the way he was going to die. So Pilate went back into the Praetorium and called Jesus to him, and asked,

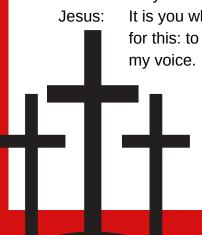
Pilate: Are you the king of the Jews?

Jesus: Do you ask this of your own accord, or have others spoken to you about me? Pilate: Am I a Jew? It is your own people and the chief priests who have handed you over to me: what have you done?

Jesus: Mine is not a kingdom of this world; if my kingdom were of this world, my men would have fought to prevent my being surrendered to the Jews. But my kingdom is not of this kind.

Pilate: So you are a king, then?

Jesus: It is you who say it. Yes, I am a king. I was born for this, I came into the world for this: to bear witness to the truth; and all who are on the side of truth listen to my voice.



Pilate: Truth? What is that?

Narrator: and with that he went out again to the Jews and said,

Pilate: I find no case against him. But according to a custom of yours I should release

one prisoner at the Passover; would you like me, then, to release the king of

the Jews?

Narrator: At this they shouted:

Crowd: Not this man, but Barabbas.

Narrator: Barabbas was a brigand.

Pilate then had Jesus taken away and scourged; and after this, the soldiers

twisted

some thorns into a crown and put it on his head, and dressed him in a purple

robe. They kept coming up to him and saying,

Crowd: Hail, king of the Jews!

Narrator: and they slapped him in the face. Pilate came outside again and said to them,

Pilate: Look, I am going to bring him out to you to let you see that I find no case.

Narrator: Jesus then came out wearing the crown of thorns and the purple robe.

Pilate: Here is the man.

Narrator: When they saw him the chief priests and the guards shouted,

Crowd: Crucify him! Crucify him!

Pilate: Take him yourselves and crucify him: I can find no case against him.

Crowd: We have a Law, and according to that Law he ought to die, because he

has claimed to be the Son of God.

Narrator: When Pilate heard them say this his fears increased. Re-entering the

Praetorium, he said to Jesus

Pilate: Where do you come from?

Narrator: But Jesus made no answer. Pilate then said to him,

Pilate: Are you refusing to speak to me? Surely you know I have power to release you

and I have power to crucify you?

Jesus: You would have no power over me if it had not been given you from above; that

is why the one who handed me over to you has the greater guilt.

Narrator: From that moment Pilate was anxious to set him free, but the Jews shouted,

Crows: If you set him free you are no friend of Caesar's; anyone who makes

himself king is defying Caesar.

Narrator: Hearing these words, Pilate had Jesus brought out, and seated himself on the

chair of judgement at a place called the Pavement, in Hebrew Gabbatha. It was

Passover Preparation Day, about the sixth hour. Pilate said to the Jews,

Pilate: Here is your king.

Crowd: Take him away, take him away! Crucify him!

Pilate: Do you want me to crucify your king?

Narrator: The chief priests answered,

Chief

Priests: We have no king except Caesar.

Narrator: So in the end, Pilate handed him over to them to be

crucified.



Narrator: They then took charge of Jesus, and carrying his own cross he went out of the city to the place of the skull or, as it was called in Hebrew, Golgotha, where they crucified him with two others, one on either side with Jesus in the middle. Pilate wrote out a notice and had it fixed to the cross; it ran: 'Jesus the Nazarene, King of the Jews.' This notice was read by many of the Jews, because the place where Jesus was crucified was not far from the city, and the writing was in Hebrew, Latin and Greek. So the Jewish chief priests said to Pilate,

Crowd: You should not write 'King of the Jews,' but 'This man said: "I am King of the Jews."

Pilate: What I have written, I have written.

Narrator: When the soldiers had finished crucifying Jesus they took his clothing and divided it into four shares, one for each soldier. His undergarment was seamless, woven in one piece from neck to hem; so they said to one another, Instead of tearing it, let's throw dice to decide who is to have it.

In this way the words of scripture were fulfilled:

They shared out my clothing among them.

They cast lots for my clothes.

This is exactly what the soldiers did.

Near the cross of Jesus stood his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. Seeing his mother and the disciple he loved standing near her, Jesus said to his mother,

Jesus: Woman, this is your son.

Narrator: Then to the disciple he said,

Jesus: This is your mother.

Narrator: And from that moment the disciple made a place for her in his home.

After this, Jesus knew that everything had now been completed, and to fulfil the

scripture perfectly he said:

Jesus: I am thirsty.

Narrator: A jar full of vinegar stood there, so putting a sponge soaked in the vinegar on a

hyssop stick they held it up to his mouth. After Jesus had taken the vinegar he

said,

Jesus: It is accomplished;

Narrator: and bowing his head, he gave up his spirit.

Here, all kneel and pause for a short time.

It was Preparation Day, and to prevent the bodies remaining on the cross during the sabbath – since that sabbath was a day of special solemnity – the Jews asked Pilate to have the legs broken and the bodies taken away.

Consequently the soldiers came and broke the legs of the first man who had been crucified with him and then of the other. When they came to Jesus, they found he was already dead, and so instead of breaking his legs one of the soldiers pierced his side with a lance; and immediately there came out blood and water.

Narrator: This is the evidence of one who saw it – trustworthy evidence, and he knows he speaks the truth – and he gives it so that you may believe as well.

Because all this happened to fulfil the words of scripture:

Not one bone of his will be broken;

and again, in another place scripture says:

They will look on the one whom they have pierced.

After this, Joseph of Arimathaea, who was a disciple of Jesus – though a secret one because he was afraid of the Jews – asked Pilate to let him remove the body of Jesus. Pilate gave permission, so they came and took it away. Nicodemus came as well – the same one who had first come to Jesus at night-time – and he brought a mixture of myrrh and aloes, weighing about a hundred pounds. They took the body of Jesus and wrapped it with the spices in linen cloths, following the Jewish burial custom. At the place where he had been crucified there was a garden, and in this garden a new tomb in which no one had yet been buried. Since it was the Jewish Day of Preparation and the tomb was near at hand, they laid Jesus there.

Now will follow the prayers of intercession: today we pray the same prayers as every Catholic Church in the world where this service is celebrated. They include an additional prayer composed in the Vatican especially for this time of Coronavirus pandemic.

Do feel welcome to add your own prayers of intercession in the comments section of the livestream.

The Veneration of the Cross

Fr Dominic: Behold the wood of the Cross, on which hung the salvation of the world Response: Come, let us adore

Fr Dominic will then lead us in a time of prayer and veneration of the Cross. Feel free to focus on your own crucifix or on the crucifix shown on the screen from our chapel.

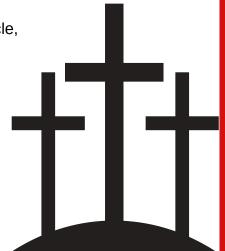
Communion

Fr Dominic will retrieve the Blessed Sacrament from the Tabernacle, which was consecrated during Mass on Thursday evening.

Communion Hymn

Jesus, remember me, when you come into your Kingdom.

After the final prayer, Fr Dominic will depart in silence.



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