

## **Year 5 Retreat Day - Example Timetable Walsingham House**

### **Theme: "Share My Joy"**

9.30am	Group Arrive – Refreshments
9.45am	Intros, opening prayer. Icebreaker games
10.15am	What is a retreat & Links to theme
10.45am	Comfort break
11am	Round-robins: 40 mins each
	Parable of the Sower Parable of the Good Samaritan Parable of the Lost coin
1pm	Lunch
1.45pm	Icebreaker games
2pm	Parable of the Lamp in the Chapel
2.20pm	Summary, Thank Yous, Closing Prayer
2.30pm	Departures

The theme of our Year 5 Retreat Day is 'Share My Joy', taken from the message given by Our Lady at Walsingham. Retreatants are encouraged to reflect on what 'joys' God has given to them in their life and to deepen this understanding by looking at four of Jesus' parables and how their meaning applies to us in our life. Activities are energetic and creative and we conclude with a reflective, prayerful period in the chapel.