



# We are the body of Christ

"Christ has no hands but yours, no feet but yours."  
St Teresa of Avila.

Jesus continues living today, not physically but through us. He is present through us being united as His Church. God continues calling us to spread messages of love to all.

Using paint or ink, place a fingerprint onto a blank cross to illustrate how we all come together to form the Body of Christ here on earth. Your fingerprint is unique to you, your own personal mark.



# Pray my Name



"In every thing by prayer and supplication with thanksgiving let your requests be made known unto God." Philipians 4:6.

At this station, take the time to pray for other people within your community.

Think of someone you feel may need your prayers at this moment, write their name down on a piece of paper and add it to the prayer display, pray for this person and then also for one of the other names on the display.

Light a candle for these people.



# Prayers for the world



"Do not conform to the pattern of this world, but be transformed by the renewing of your mind."

Romans 12:2

Place a candle on the map over an area or country you would like to pray for.

You could pray for someone you know around the world or think about places you know may need our thoughts and prayers at this time.

Observe the diversity of areas being prayed for by others around you.



# Gifts and talents



"Everybody has a talent, it's just a matter of moving around until you discover what it is."

George Lucas

We each have incredible, wonderful and unique gifts we should be grateful for.

Take the time to consider your gifts and talents. using water colour paint, add a brush stroke on the paper in the colour corresponding to your gifts.

BLUE - Musical RED - Artistic GREEN - Sporty ORANGE - Intellectual  
YELLOW - Character Traits eg. Determined, Good listener PINK -  
Practical gifts eg. Building





# Bringing Hope



"Forgiveness is setting a prisoner free, only to discover that prisoner was you."

Corrie Ten Boom.

Often in life there are times we need to ask for forgiveness or perhaps ask God for help in forgiving.

It is important to remember during this time of Reconciliation, God has forgiven us for our sins and so we must also forgive ourselves and others and allow ourselves to be excited for the future ahead.

Take a moment to think about your aspirations, write them down on a piece of paper and add them to the display. Say a prayer for your hopes and dreams and for the ones other people have placed on the display.



# Community Chain



"A problem shared is a problem halved."

English Proverb

Communities are an incredible thing to be a part of, we were made to live together and share experiences and wisdom, to love and support those around us.

Think of the communities you are a part of that help you when you are in need. Think of this community, can you be a support to the people around you, how do they support you?

Write or draw something you need support with and add it to the paper chain, remembering the community around you who is there to support you, remember also to prayer for the people around you to help them to be strong too.



# Mary untier of knots



Meditating Mother, Queen of heaven, in whose hands the treasures of the King are found, turn your merciful eyes upon me today. I entrust into your holy hands this knot in my life

Our Lady Untier of Knots is a devotion to Mary since 1700.

The rosary is often prayed asking for Mary's prayers to help people undo the knots in their lives.

Think of a challenge you are facing in your life, tie a knot in the string and add it to the display, asking for Mary's prayers and help to untie this knot in your life.

