

# Weekly Youth Mass

with the  
Brentwood Catholic Children's Society

## Order of Service

Wednesday 6th May 8pm

Instagram Live Stream



@brentwoodcys

Welcome to our Monthly Youth Mass!  
Live Streamed on Instagram and YouTube  
@brentwoodcys

This week's Mass is focussing on Mental Health  
and mindfulness. We have been working with the  
Brentwood Catholic Children's Society

Before Mass starts, find yourself a comfortable place where you can concentrate for the Mass. Perhaps consider lighting a candle or having a crucifix to focus on, however big or small.

You are welcome to add any prayer intentions in the comments section of the Live Stream.

**Opening Hymn: Who You Say I Am**

Who am I that the highest King  
Would welcome me?  
I was lost but He brought me in  
Oh His love for me  
Oh His love for me

*Who the Son sets free  
Oh is free indeed  
I'm a child of God  
Yes I am*  
Free at last, He has ransomed me  
His grace runs deep  
While I was a slave to sin  
Jesus died for me  
Yes He died for me

In my Father's house  
There's a place for me  
I'm a child of God  
Yes I am

I am chosen  
Not forsaken  
I am who You say I am  
You are for me  
Not against me  
I am who You say I am

**Gloria:**

*Gloria, Gloria, in excelsis Deo!*  
*Gloria, Gloria, in excelsis Deo!*  
Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,

have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of  
the Father,  
have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

### **First Reading, from St Paul's first letter to Timothy (1 Timothy 4:12-16)**

Do not let people disregard you because you are young, but be an example to the believers in the way you speak and behave, and in your love, your faith and your purity. Make use of the time until I arrive by reading to the people, preaching and teaching. You have in you a spiritual gift which was given to you when the prophets spoke and the body of elders laid their hands on you; do not let it lie unused. Think hard about all this, and put it into practice, and everyone will be able to see how you are advancing. Take great care about what you do and what you teach; always do this, and in this way you will save both yourself and those who listen to you.

### **Psalm: As the Deer**

As the deer pants for the water  
So my soul longs after you  
You alone are my hearts desire  
And I long to worship you

I want you more than gold or silver  
Only you can satisfy  
You alone are the real joy giver  
And the apple of my eye

*You alone are my strength, my shield  
To you alone may my spirit yield  
You alone are my hearts desire  
And I long to worship you*

You are my friend and you are my brother  
Even though you are king  
I love you more than any other  
So much more than anything.

### **Gospel Acclamation**

Alleluia, alleluia!

My soul is waiting for the Lord, I count of his word.  
Alleluia!

### **Gospel, a reading from Luke (19:1-10)**

Jesus entered Jericho and was going through the town when a man whose name was Zacchaeus made his appearance: he was one of the senior tax collectors and a wealthy man. He was anxious to see what kind of man Jesus was, but he was too short and could not see him for the crowd. So he ran ahead and climbed a sycamore tree to catch a glimpse of Jesus who was to pass that way. When Jesus reached the spot he looked up and spoke to him: 'Zacchaeus, come down. Hurry, because I must stay at your house today.' And he hurried down and welcomed him joyfully. They all complained when they saw what was happening. 'He has gone to stay at a sinner's house' they said. But Zacchaeus stood his ground and said to the Lord, 'Look, sir, I am going to give half my property to the poor, and if I have cheated anybody I will pay him back four times the amount.' And Jesus said to him, 'Today salvation has come to this house, because this man too is a son of Abraham; for the Son of Man has come to seek out and save what was lost.'

### **Communion Hymn: The Joy of the Lord by Audrey Assad**

Mountains ahead of me and valleys behind  
The road may be narrow, but your mercy is wide  
Sorrow may linger and last for the night but I am never alone

*The joy of the Lord is my strength, my strength*

I may be weak, but I will cling to the vine  
I'm pressed but not crushed, for You are making new wine  
Wounds may be opened and weakness revealed, but I will be healed in the fire

Sorrow may linger and last for the night but I am never alone  
Wounds may be opened and weakness revealed but I will be healed in the fire

### Recessional Hymn: Counting Every Blessing by Rend Collective

I was blind, now I'm seeing in colour  
I was dead, now I'm living forever  
I had failed, but you were my redeemer  
I've been blessed beyond all measure

I was lost, now I'm found by the father  
I've been changed from a ruin to treasure  
I've been given a hope and a future  
I've been blessed beyond all measure

*I am counting every blessing, counting every blessing  
Letting go and trusting when I cannot see  
I am counting every blessing, counting every blessing  
Surely every season you are good to me*

Oh, you are good to me  
Oh, you are good to me

You were there in the valley of shadows  
You were there in the depth of my sorrows  
You're my strength, my hope for tomorrow  
I've been blessed beyond all measure

Surely your goodness pursues me  
Surely your heart is still for me  
I will remember your mercies all my days  
Through every storm and gale

We have collated a number of resources on our website to help during these times,

Take a look at [www.bcys.net/resource-category/wellbeing](http://www.bcys.net/resource-category/wellbeing)

We will be updating this page as more websites and Instagram accounts are suggested to us.

If you use a resource that you think would be useful to others, please let us know.

We would like to take this opportunity to thank the Brentwood Catholic Children's Society for all the work they do for the young people of our Diocese.

Join us for Mass each day at 10.30, except Wednesdays when Mass is at 8pm



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