



Virtual Pilgrimage
27th - 31st July
@brentwoodcys

MORNING PRAYER • CREPE MAKING
AFTERNOON REFLECTIONS
DAILY CHALLENGES • TALENT SHOW
DAILY MASSES AROUND LOURDES
ANNUAL BCYS QUIZ • NIGHT PRAYER
TORCHLIGHT PROCESSION
Q&A WITH BISHOP ALAN
THE 18 HOUR CHALLENGE

SUBSCRIBE

on YouTube to join...

Ways to Get Involved:

The 18 Hour Challenge

Music for
Mass

Submit questions for
Bishop Alan's Q&A
Session

An act for the talent show (maybe
song, dance, joke or other skill)

Record the Hail Mary in a
foreign language

Take a picture of yourself, a
parent or grandparent with a
lighted candle and send it to us!

Encourage all your family members and
friends (of all ages) and help them to access
our YouTube channel to get involved!

To send in any contributions or to find out more information
about how to get involved - e-mail info@bcys.net

The 18 HOUR Challenge



25th July, 4.30pm
to
26th July, 10.30am

CAFOD

1

Pick an activity which can be linked to the number 18, which can be done during the 18 hours 4.30pm 25th July - 10.30am 26th July. This is the time that we would have been on our coach journey to Lourdes, and Mary appeared to St Bernadette 18 times!

2

Get sponsored! Direct your sponsors to: www.bcys.net/donate -
Select '18 hour Challenge, Summer Lourdes 2020'

3

Do your chosen activity!

4

Tag your photo on instagram with
@CAFOD @brentwoodcys

Activity Ideas!

Do 1800
keepy-ups

Run 18km
(which is about half a marathon)

Dance (virtually) with some
friends for 18 hours

Bake 18 cakes
and give them to
your neighbours!

Stay in your car / camp
outside for 18 hours

Cycle 180km
(from Brentwood to Dover
& back)

Walk 18 miles

Stay silent
for 18 hours

Wash 18 cars

All funds raised will be divided between the Brentwood Catholic Youth Service and the work of CAFOD